



Editor's Comments

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Budapest was a fantastic host city for the 2013 World Championships. The newly created Scientific Commission had an opportunity to meet during the course of the Scientific Symposium organized by the INWR. The newly assigned members posed (right) with **President Lalovic** and FILA Bureau member **Akhroldjan Ruziev** and Vice-President **Stanley Dziedzic**. This commission will be presided over by Bureau member **Daulet Turlykhanov** (middle) being congratulated by symposium keynote lecturer, Dr. Prof. **Włodzimierz Starosta**).

The INWR Symposium is thankful for the support of by the Hungarian Wrestling Federation, with particular gratitude to Dr **Csaba Hegedüs**, **László Molnár** and **Dóra Szűcs**. We had an outstanding faculty of presentors, including Dr. **Ye Tian** President-Chinese Institute of Sport Science and Member of the Chinese Olympic Committee; and Dr. **Alioune Sarr**, the President of the Senegal National Wrestling Board. We also we had some of the world's finest coaches in attendance, including Dr. **Yuri Shakhmuradov** and Professor **Kazuhito Sakae**. Additionally, there were 58 abstracts/posters displayed from 23 countries and every continent. Thank you to all participants!

On a final note, this issue is dedicated to the memory of the great **Besik Kudukhov** who we lost in December and is commemorated on our cover.

Sincerely in the advancement of Wrestling,

David Curby EdD
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FILA Scientific Commission member
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Tasks & Duties assigned to the FILA Scientific Commission

Promotion of wrestling research

- Organize research activities at major wrestling competitions and training centers.
- Form collaborative arrangements that will provide the Commission with increased access to expertise and other research resources.
- Identify wrestling researchers and scientists at an international level.
- Build a communication network so that wrestling researchers may communicate and share ideas.

Distribution of Wrestling Scientific Knowledge

- Organize wrestling scientific congresses, seminars and workshops.
- Publish a wrestling scientific journal.
- Provide a wrestling scientific portal and discussion forum to enable communication between wrestling scientists, coaches and athletes.
- Provide for the distribution of the most up to date knowledge of training practices to ensure the health of our athletes
- Support wrestling-related educational activities in collaboration with academic institutions (e.g. on-line advanced degree programs).
- Build a database of wrestling-related research articles.

Scientific Support

- Provide scientific information for FILA Bureau and the other FILA Commissions.
- Provide scientific information for National Wrestling Federations.
- Develop the curricula for certification programs for all NF's to use with the various level of coaches-basic to advanced degrees.
- Complete other relevant tasks as assigned by the FILA Bureau.

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Cover photo provided by Larry Slater and honors **Besik Kudukhov** of Russia

Four-time World champion (2007, 2009, 2010, 2011)... 2012 Olympic silver medalist... 2008 Olympic bronze medalist... 2006 World silver medalist... 2005 Junior World champion... 2007 European champion... 2006 and 2010 World Cup champion... 2003 European Junior champion
August 15, 1986 - December 29, 2013