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Fila and Science

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FILA AND SCIENCE

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The elite sport has always been and remains to be one of those social institutions, to which the world community owes the present-day globalization. One of the important results of the global sporting and competitive activities is scientific and practical communications, which, since immemorial time, has been fulfilling a function of a peculiar locomotive ensuring the progress in sport due to the latest achievements of science and practice, though in a specific country.

I fully support the two of six candidates to the post of a new IOC President – Mr. Denis Oswald and Mr. Tomas Bach, who stated recently: "Wrestling is one of the fundamental sports. The other sports are interesting but they cannot compete with the ancient sport such as wrestling. The IOC made a mistake – wrestling must be restored in the program of the Games. It has good chances for success at the IOC Session in Buenos Aires in September 2013."

I think I express general opinion when positively evaluate past activities carried by FILA Scientific Commission. Especially when we take into account that our International Federation of Associated Wrestling Styles is an organization which develops not only Olympic styles: Greco-Roman, Freestyle and Female wrestling, but also an organization which promotes traditional wrestling styles to the world sport elite since 2006.

At present, the fundamental provisions of the elite sport management have been formulated by the leading sports scientists of the planet. However, in each sport discipline there are certain difficulties that require concrete definition of scientific scientific inquiry. It fully relates to those, who in a professional way practice wrestling styles. I shall take the liberty to suppose that a certain regress, which has recently occurred in the Olympic wrestling movement, is, in particular, owing to the lack of full scientific and methodical provision of sport events organized under FILA aegis. That proves once again that nowadays, it is practically impossible to ascent the Olympia without creative cooperation of science and sport. That is why I think it is necessary to optimize the work of the FILA Scientific Commission in this field. I think following measures have to be implemented for these purposes:

- In the near future to set a complex group of specialists under the FILA Scientific Commission to develop urgent measures for the Olympic rehabilitation of the wrestling styles included into the program of the Olympic Games.
- Considering the fact that one of the main FILA objectives is a counterstand to all forms of discrimination and segregation, the national federations should be authorized to develop appropriate scientifically grounded advisory guidebooks in order to involve more youth to practice wrestling.
- A special Department for researches shall be established in the FILA structure to enhance the role of science. This Department will supervise a wide range of matters related to scientific, methodical and informative provision of national federations.
- Skilled specialists of the FILA Headquarters and those of the national federations should be sent to different countries to render scientific, methodical and practical assistance in staging workshops and conferences for coaches and referees to assist in popularization of the rules of wrestling competitions which will improve spectacularity. It will contribute to further wrestling promotion.
- Certain measures shall be undertaken to publish a scientific & practical FILA magazine, and certainly with a non-zero impact factor; Distribution of the available periodical scientific & methodical printed and electronic sources among FILA member-countries must be carried out.
- Special grants of FILA should be assigned for national federations to conduct scientific researches in the most vital trends of improvement of the top mastership in wrestling.
- To hold in 2015 an International Congress of scientists from various countries of the world, devoted to the final stage of preparation of wrestlers to 2016 Olympic Games.
- Taking into consideration the enhancement of repressive tendencies in the activity of the World Antidoping Agency, scientific researches must be financed and a special preventive and explanatory program shall be drawn up for wrestlers who take part at the rating competitions, as we do not have sufficient scientifically grounded tutorial practices.

- Priorities should be determined, required, from the scientific point of view, for the further development of wrestling styles being under the responsibility of FILA; the most global trends should be properly financed, and their development should be entrusted to the FILA Scientific Commission.

Now we know that preparation of an Olympic champion in any country of the world would take lots of funds. The primary and final selection of athletes – pretenders to Olympic awards - is impossible if there is no science-intensive training system applied. In the matter we discuss many things depend on ultramodern innovation technologies including medicogenetic ones to constantly control an increase in the Sensory & Motor IQ Index.

I think that any disregard of the full multifactorial scientific inquiry will throw back the Olympic expectations of FILA for many decades. This concerns not only individual athletes, and national wrestling federations of different countries worldwide, but wrestling and combat sports in a whole. Thus, it is instructive to recall a rather old but well known statement: "No progress can be made if one adheres to the past."

Dear participants of the FILA Scientific Symposium! Let me thank you for this opportunity afforded to me to make a speech at this forum. Beyond all doubt, its results will serve the cause of further popularization and development of all styles of wrestling throughout the world.