



**Original Research**

**TECHNICAL-TACTICAL ANALYSIS OF MEN'S WRESTLING: A CASE STUDY OF THE 72ND NATIONAL ATHLETIC MEET OF 2017 IN JAPAN**

Kotaro Fujiyama, Daichi Yamashita, Shigeki Nishiguchi, and Masamitsu Ito

**Review Paper**

**SPECIFIC FEATURES OF PLANNING TRAINING LOADS IN THE MACROCYCLE OF PRE-COMPETITION TRAINING OF HIGHLY QUALIFIED WRESTLERS**

Victor V. Shiyon

**A MODEL FOR THE FUNCTIONAL CONDITION OF WOMEN WRESTLERS**

Podlivaev B.A., Ogurtsova M.A., Klimov K.V. & Sharakin S.A.

**EDUCATION AND TRAINING OF WRESTLING FEDERATIONS' AND CLUBS' SPORT ADMINISTRATORS**

Dimitris Gargalianos & Ioannis Barbas

**Commentary**

**POSITION OF WRESTLING IN MODERN REALITIES**

Christos Kollias

**ORIGIN AND SOCIAL STATUS OF THE TOP WRESTLERS IN THE ANCIENT GREEK WORLD**

Chondronasios N. Charilaos

**GYMNASIARCHY: REGULATING AN ANCIENT GREEK GYMNASIUM AND PALAESTRA, DIFFERENCES AND SIMILARITIES WITH OUR MODERN TIMES**

Charalampos Kouklidis

**International Journal of Wrestling Science**

The official journal of the International Network of Wrestling Researchers (INWR)

David Carby, EdD  
Editor in Chief

**EDITORIAL BOARD**

Mario Baić, PhD, Croatia  
Ioannis Barbas, PhD, Greece  
Craig Horswill, PhD, USA  
Fikrat Kerimov, PhD, Uzbekistan  
David Lopez-Gonzalez, Mexico  
Bahman Mirzaei, PhD, Iran

Boris Podlivaev, PhD, Russia  
Ramazan Savranbaşı, PhD, Turkey  
Yuri Shakhmuradov, PhD, Russia  
Slavi Stanev, PhD, Bulgaria  
Harold Tünnemann, PhD, Germany



<https://unitedworldwrestling.org>

<http://inwr-wrestling.com>

Volume 9 Issue 1, June 2019 International Journal of Wrestling Science is published biannually by Carby Research Group, LLC, 1719 W 60th Street, La Grange, Illinois, 60525. Print ISSN - 2161-5667; Online ISSN - 2161-5724. Copyright © 2019 The Carby Research Group, LLC. All rights reserved. International Journal of Wrestling Science is published using the open access model. All original scientific content is available free of charge for personal use without restrictions on the journal's website at <http://inwr-wrestling.com>. International Journal of Wrestling Science provides free, immediate and permanent online access to the full text of all articles distributed under the terms of the Creative Commons Attribution Non-commercial License <http://creativecommons.org/licenses/by-nc/4.0/>, which permits use, distribution, and reproduction in any medium, provided the original work is properly cited. This use is non-commercial and is otherwise in compliance with the license. The publisher assumes no responsibility for any statements of fact or opinion expressed in the published papers. The appearance of advertising in this journal does not constitute an endorsement or approval by the publisher, the editor, or the editorial board of the quality or value of the product advertised or of the claims made for it by its manufacturer. For further information, please contact the Editor in Chief: [dcarby@gmail.com](mailto:dcarby@gmail.com). Instructions for authors can be found online at: <http://inwr-wrestling.com/wp-content/uploads/2018/05/IJWS-Aims-Scope-and-Guidelines-for-Authors.pdf>

International Journal of Wrestling Science editors endorse the principles embodied in the Helsinki Declaration and expect that all research involving humans has been performed in accordance with these principles. All human studies must have been approved by the investigator's Institutional Review Board. A copy of the relevant documentation should be included with the manuscript. Furthermore, International Journal of Wrestling Science follows the ICMLC's Recommendations for the Conduct, Reporting, Editing and Publication of Scholarly Work in Medical Journals.

**Reviewers**

- |                                       |                                   |                                  |
|---------------------------------------|-----------------------------------|----------------------------------|
| Brian Adams MD (USA)                  | Milorad Džukanović PhD (Serbia)   | Michel Latou (France)            |
| Yiann Aggelonidis PhD (Greece)        | Sergio Du Santos PhD (Brazil)     | Maria Michalopoulou PhD (Greece) |
| Eougenios Algronidis PhD (Greece)     | Mindaugas Edleris PhD (Lithuania) | Robert A. Opliger PhD (USA)      |
| Ramin Amirian PhD (Iran)              | Ioannis Filonidis PhD (Greece)    | Jonas Podyers PhD (Austria)      |
| B. J. Anderson MD (USA)               | Emerson Francisco PhD (Brazil)    | Amir Rashidov PhD (Iran)         |
| Mario Baić PhD (Croatia)              | Jeremy Frank MD (USA)             | William A. Sands PhD (USA)       |
| Thor Einar PhD (Norway)               | Iman Ismail PhD (Australia)       | Ilkayc Şahin PhD MD (Canada)     |
| Sylwia Ekiel-Łopuszańska PhD (Poland) | Kazuo Iwata PhD (Japan)           | Victor Shiyon PhD (Russia)       |
| Michel Elchert PhD (France)           | Tomasz Koutusis PhD (Greece)      | Dao Thanh Thac PhD (Vietnam)     |
| Jaroslav Čížek PhD (Czechia)          | William J. Kowman PhD (USA)       | Melanie Tokman PhD (TUR)         |
| Eckart D. Lickert MD (Germany)        | Takeshi Kubokawa PhD (Japan)      | Alan C. Utter PhD (USA)          |