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In Memoriam BORIS ANATOLYEVICH PODLIVAEV

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In Memoriam

Boris Anatolyevich Podlivaev (January 18, 1946 – August 12, 2021)



On August 12, 2021, Boris Anatolievich Podlivaev passed away at the age of 76. Candidate of Pedagogical Sciences, Professor, Honored Teacher of the Russian State University of Physical Culture, Sports, Youth and Tourism (GTSOLIFK), Honored Coach of Russia, Honored Worker of Physical Culture and Sports of the Russian Federation. In 1980, for active participation in the preparation and holding of the opening and closing ceremonies of the Games of the XXII Olympiad, he was awarded the honorary badge "Excellence in Physical Culture". For his contribution to sports science, Boris Podlivaev was awarded the honorary badge "Honored Worker of Physical Culture".

Honored Coach of the Republic of Buryatia, Recipient of the Rayko Petrov Trophy presented by the International Network of Wrestling Reseachers in 2015, and Honorary Professor of the Eurasian National University named after L.N. Gumilyov (Nur-Sultan, Kazakhstan, 2019).

The life of Boris Anatolyevich was inextricably linked with the Russian State University of Physical Culture, Sports,

Youth and Tourism (GTSOLIFK), to which he devoted more than 40 years. Most of this time he worked at the Department of Wrestling (today - the Department of Theory and Methods of Martial Arts).

Boris Anatolyevich was born and lived in the city of Podolsk near Moscow in the Krasnaya Gorka region. A graduate of the State Central Order of Lenin Institute of Physical Culture (1969). Where he was a student of world-famous Soviet scientists N. A. Bernstein, A. D. Novikov, V. M. Zatsiorsky, V. V. Davydov, a world-renowned theorist and practitioner of wrestling.

During the period of scientific and pedagogical activity, Boris Anatolyevich published more than 250 works on the problems of the theory and methodology of physical culture and sports training. Under his leadership, 18 Ph.D. theses were defended on the problems of the theory and methodology of wrestling, 15 videos were prepared and released with an analysis of the largest competitions in freestyle wrestling and in the technique of the strongest wrestlers in Russia.

In 2010, with the direct participation of B.A. Podlivaev the International Journal of Wrestling Science was created, of which he was a member of the editorial board. In 2019, under his editorship, In April 2019, the book "Women's Freestyle Wrestling" was published, presenting women's wrestling in all its diversity. A team of authors from various countries worked on the book for three years. The author of seven chapters out of twelve is Boris Anatolyevich. The book is unique, for the first time revealing the features of women's sports training. and in 2020, the textbook "Biomechanical Foundations of Special Physical Training of Freestyle Wrestlers" was published. . Boris Anatolyevich is also a member of the scientific commission of the international wrestling federation "United World Wrestling (UWW)".

Since 1996, Boris Anatolyevich headed the complex scientific group of the Russian national freestyle wrestling team and was one of the developers of targeted integrated programs for the preparation of Russian wrestlers for the Olympic Games 2000, 2004, 2008, 2012, 2016 and 2020.

Most recently, he had been working on a sports training program for the sport of wrestling, the discipline of freestyle wrestling and Greco-Roman wrestling, and has done a lot of work to promote and develop wrestling in sports reserve training center at the Ministry of Sports of the Russian Federation,

In an interview with Vladimir Sabadash on the occasion of his 75th birthday, he gave his opinion on several subjects.

The general tendency for former athletes to join the team, insufficiently educated, and the practical absence of specialists, has led, unfortunately, to a gap between science and practice. And you can only help and teach those who want to learn and improve themselves. Many coaches just lack spirituality, and an understanding of the importance of self-improvement. One of the conditions for a successful transition from science to practice is the level of theoretical readiness of coaches and, accordingly, the sports readiness of scientific workers. Interpreting scientific data to the level of understanding of coaches and even more so of athletes is a difficult matter, and there are very few such specialists.

In my opinion, we are here to preserve and improve this world through improving ourselves. My belief in God is that God, as the Highest cosmic mind, consists of us as his particles, and we, as his particles, are able to create what we attribute to him. That is all. But for this we must believe in it, have a great goal and be ready to give everything to achieve it. This is how heroes are born - in sports, science, art. I tried to talk about this to athletes and my pupils.

Boris Anatolyevich was a purposeful person, a kind and reliable friend. This is a great loss for the scientific and sports community. We mourn together with the family and friends of Boris Anatolyevich.